



Gracing as esteemed resource speakers are **Dr. Camille Garcia**, Clinical Psychologist and CEO of Clinic of Holy Spirit; and **Dr. Margarita Go-Singco Holmes**, Psychologist and Sex Therapy Expert. Dr. Garcia talked about emotional abuse and the appropriate actions to deal with it. While Dr. Holmes expounded about sexual abuse and the proper means of addressing the issue.

The said webinar that aims to enlighten participants about emotional and sexual abuse was actively participated by teaching and non-teaching personnel from across the different campuses of the university.



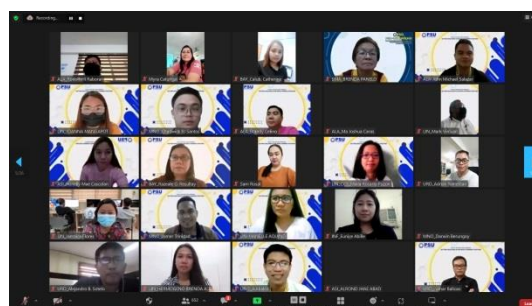
Learning How to Get Healthier and Better, Together

As part of the **HRMDO's Health and Wellness Webinar Series 2-7 entitled: Getting Healthier as We Move Forward Together**, the last part of the said series commenced on **November 11, 2022** and was attended by all PSUians, both teaching and non-teaching personnel via Zoom.



as resource speakers are medical officers from the UP-Philippine General Hospital namely: Dr. Ephraim P. Leynes, Dr. Juan Paulo P. Pulanco, and Dr. Janessa S. Chua. A panel discussion moderated by Dr. Ian Jonathan N. Tiotangco, also of UP-PGH, was also conducted to accommodate and answer health related inquiries of the PSU community.

The said webinar series was divided into two sessions - morning and afternoon sessions. The morning session focused on holistic health where topics such as "Female and Male Common Diseases", "Misconceptions: Ailments and Rarely Talked About Illnesses", and "Work-related Health Hazards" were tackled. For these, gracing



On the other hand, the afternoon session focused on personality development where Mr. Nomer M. Yuzon, graced as the resource speaker and helped PSUnians understand better how they can and should take care of themselves.

The said webinar aims to enlighten PSUnians about holistic health and good personality development which are both crucial in maintaining a healthy and sound workforce.

DRB spearheads PSU SCC Open House Site Visit

Through the years, Dr. Dexter R. Buted has been visionary and transformative to his stratagems in Pangasinan State University, making it a premier university in the region and in the ASEAN.

As a vital part of this thrust, an Open House Site Visit Activity is conducted to every campus in perduring development of the institution's infrastructure, facilities, workforce, and quality services.



Being the third campus to be visited, PSU-SCC gladly welcomes Dr. Dexter R. Buted (PSU, President) together with the dynamic university officials: Dr. Manolito C. Manuel (VP, Academic & Student Affairs), Dr. Maria Corazon B. Puzon (VP, Planning & Finance Management), Dr. Macelo C. Gutierrez, Jr. (VP, Quality Assurance/ QMR), Dr. Elbert M. Galas (VP, Administration, and Linkages), Dr. Renato E. Salcedo (Director, Presidential Management & Liaison/PRPIO), Prof. Celeste T. Mercado (Director, Students & Alumni Affairs), Dr. Armando D. Junio (CED, Asingan), Dr. Liza L. Quimson (CED, Bayambang),

Dr. Roy C. Ferrer (CED, Binmaley), Dr. Ian Evangelista (CED, Infanta), Dr. Randy Joy Ventayen (CED, Lingayen), Dr. Honorio L. Cascolan (CED, Urdaneta City), Dr. Phillip G. Queroda (CED, OUS), Dr. Billy T. Festijo (Director, Institutional Assessment & Accreditation), Ms. Evangeline O. Pesdacor (Focal Person, Internal Audit System), Mr. Kimber Jun M. Fernandez (Director, Procurement Services), Mr. John F. Quinto (Director, Supply Management), Dr. Potenciano D. Conte Jr. (Director, General Services), and Dr. Thea Marie Flores, (Head, Medical and Dental Services) during the Open House Campus Tour of PSU-SCC, March 15, 2022.

The venture has started at the Learning Resource Center where university officials had a jentacular stint with the campus workforce headed by Dr. Marie Claire B. Briones (CED).

Moreover, officials have also graced the Kalachuchi Flower (*Plumeria Rubra*) cultivation at the adaxial part of the PSU SCC Campus Administrative Building for the #ProjectBloom (Kalachuchi Legacy Garden) of DRB.

Cogitatively, apart from its fragrance, the Kalachuchi plant embodies the ideals of University President Dexter R. Buted, representing Devotion which expresses deep love and loyalty; Resilience as the plant that produces plumeria flower blooms even after it has been uprooted; and Buoyancy displaying an optimistic and cheerful disposition.

